

2024 SUMMER LEADERSHIP ACADEMY PACKING LIST

Each dorm room is equipped with a dorm-sized refrigerator-freezer and microwave for your convenience. Please bring the following:



- Twin XL mattress pad
- Sleeping bag OR Fitted and flat Twin XL bed sheets and blanket
- Pillow + pillowcase
- Bathmat
- 2 bath towels (1 for shower, 1 for use during sports), hand towel, wash cloth
- Toiletry items
- Casual attire for 4 days (shorts/skirts/capris/tee shirt(s) – a Summer Leadership Academy tee shirt will be provided to you and you are asked to where it M, T, W)
- A sweatshirt or cardigan as the air conditioning is stronger in some rooms than others.
- Comfortable, flexible/athletic-type clothing for evening sessions - shorts, tee shirts, athletic shoes and socks
- Business casual attire for Young Professionals Dinner Wednesday evening and Closing Ceremony on Thursday afternoon. You can wear the same thing both days if you like. Below are some business casual clothing options:
 - Pants: Khakis, chinos, dress pants
 - Shirts: Collared shirts and blouses
 - Sweaters
 - Dresses/Skirts: Knee-length (or just above)
- Pajamas/bed clothes
- Other optional/suggested items to bring:
 - FAN (there is **no A/C** in the dorm rooms)
 - **Personal medications**
 - Shower shoes
 - Snacks *

***Please note: This is a completely nut-free program, so please do not bring anything with you that contains nuts. While bringing nut-free snacks is acceptable, no food deliveries by parents, friends, restaurants, or delivery companies will be allowed. Mount Mary University will be providing all meals during the Academy, including snacks.**