

EXAMPLE FOUR-YEAR PLAN

HISTORY | 120 CREDITS

MAJOR

CORE

MINOR

ELECTIVES

FRESHMAN YEAR

FALL Courses		SPRING Courses	
SYM 110 Leadership for Social Justice	3	Oral Communications	2
ENG 110 or ENG 120 (depending on placement)	3	Behavioral Science	3
College Level Math	3	Literature/Fine Arts Option	3
HIS 153 or 154 US History	3	SEA 101 Search for Meaning	4
HIS 106 World Civilizations I	3	Elective Course or ENG 120 (if needed)	3
TOTAL	15 credits	TOTAL	15 credits

SOPHOMORE YEAR

FALL Courses		SPRING Courses	
Humanistics Option	3	Philosophy/Theology	4
Sciences	3	Literature/Fine Arts Option	4
Literature/Fine Arts Option	3	HIS 107 World Civilizations II	3
World Languages	3	HIS 277 (RTTP) or HIS 355 (20th US)	3
Elective Course	3	Elective Course	2
TOTAL	15 credits	TOTAL	16 credits

JUNIOR YEAR

FALL Courses		SPRING Courses	
Theology/Philosophy	4	HIS Non Western	3
HIS 346 (20th Europe) or HIS 377 Studies in World History	3	History Elective (300+ Level)	3
History Elective (300+ Level)	3	Minor	3
History Elective	3	Minor	3
Minor	3	Elective Course	3
TOTAL	16 credits	TOTAL	15 credits

SENIOR YEAR

FALL Courses		SPRING Courses	
History Elective	3	Minor	3
History (Non Western)	3	Minor	3
Internship/Senior Thesis	3	Elective Course	3
Minor	3	Elective Course	3
Elective Course	3	Elective Course	2
TOTAL	15 credits	TOTAL	14 credits

UPDATED OCTOBER 2023

This example four-year plan is intended to outline the number and types of courses a student might take in order to fulfill the degree, major, core and elective requirements to graduate. Students meet with their academic advisor each semester to review progress toward fulfilling their degree requirements.



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A degree in history prepares women to be leaders in a global society, opening the door to fascinating and rewarding careers and provides a strong foundation of knowledge to spark a quest for lifelong learning.

Studying history enables students to develop an informed approach to the political, social and moral issues of our global society. History graduates can pursue careers in politics, law, government, diplomatic service and education.

At Mount Mary, history majors study the people and history of United States, Western and non-Western societies from political, social and cultural perspectives. History and political science are examined within the context of an integrated society, rather than as separate elements.

Courses are designed to develop a keen awareness, understanding and appreciation of the experiences and achievements of men and women from the past and present. Women's role in history is explored in all courses.

Program of Study

Mount Mary's history department offers a number of courses in an online format. This format permits students to start the course at any time during the semester and complete the course within 15 weeks. The following programs are available within the department:

- **HISTORY:** Students can choose to pursue history as a major or minor. Courses are offered in day or online formats.
- **POLITICAL SCIENCE:** This is a minor students in any major can choose to pursue.
- **TEACHER EDUCATION:** Students who wish to become a history or social studies teacher take courses in both the history and education departments. This curriculum prepares students to teach history or broad-field social science for grades 6 to 12.
- **CERTIFICATE IN HISTORY:** A student who holds a bachelor's degree from an accredited college or university can pursue a post-baccalaureate certificate in history at Mount Mary by completing the coursework for the history major.

Internships & Practical Experience

Students majoring in history are required to complete a professional experience segment such as an internship, cooperative study project or student teaching. Placements are offered in various settings based on individual career goals. Recently, students have held internships in Washington D.C., in a Wisconsin senator's office and at the Milwaukee County Historical Society.

As part of their coursework, history students learn about the United Nations (UN) and travel to a UN conference to work with the School Sisters of Notre Dame.

CAREER OPPORTUNITIES

History studies prepare students for careers in politics, law, government, diplomatic service and education. Graduates are well prepared to pursue a wide array of careers or advanced study. Competition for historian positions is high. A master's degree is required for most positions, and some research positions require a Ph.D.

LEARN MORE ONLINE

Learn more about the School of Humanities & Social Sciences at Mount Mary University at: mtmary.edu/academics

