

# MOUNT MARY UNIVERSITY

## HUMAN BIOLOGY

### PRE-DIETETICS

## SCHOOL OF ARTS & SCIENCES



Mount Mary University's dietetics department prepares students to become dietitians – highly qualified professionals who are recognized as experts in food and nutrition.

Dietitians can work in many different areas. Most work in health care settings including medical nutrition therapy, food service management and community nutrition. Dietitians are committed to optimizing health through food and nutrition. Many work in school food service, public health programs, wellness areas and retail.

### 3+2 Program

As of January 2024, all entry-level dietitians must hold a master's degree or higher.

Incoming Mount Mary undergraduate students complete a Bachelor of Science (Human Biology: Pre-Dietetics concentration OR Psychology: Pre-Dietetics concentration) which flows into the Integrated M.S. in Nutrition and Dietetics program. These students earn 22-24 graduate credits during their senior year, which apply toward the M.S.

- **Accelerated time to completion:** Since courses taken in the student's fourth year count toward both the undergraduate and graduate degree, students will save one year of study compared to competitor programs.
- **Budget-friendly:** Students in the program save significantly on tuition costs by paying undergraduate tuition in their fourth year (which includes generous financial aid and scholarships), while earning graduate credits.

YEAR	TYPES OF COURSES	TUITION & FINANCIAL AID
<b>Years 1-3:</b> Undergraduate level courses	Core courses, pre-requisite courses for dietetics, and major courses (human biology)	Students pays undergraduate tuition (and receives financial aid and scholarships)
<b>Year 4:</b> Hybrid year (undergraduate/graduate level courses)	Dietetics courses (that count toward the graduate degree)	Student <b>still pays undergraduate tuition</b> (and receives financial aid and scholarships)
<b>Year 5 (summer, fall &amp; spring):</b> Graduate level courses	Dietetics graduate courses	Student pays graduate tuition

### Supervised Experiential Learning

Mount Mary's Integrated M.S. in Nutrition & Dietetics includes the 1,000 hours of supervised experiential learning needed to be eligible to take the Registration Examination for Dietitians upon graduation.

The supervised experiential learning begins during the student's first year. Initially, a student's supervised experiential learning hours will be accomplished with Mount Mary faculty on-site. In a student's final year, her supervised experiential learning hours will be completed with a preceptor (a dietetics professional who is dedicated to working with students). Supervised experiential learning hours will focus on:

- Medical nutrition therapy
- Community/consumer nutrition
- Food service management

Practicum site locations include hospitals, outpatient clinics, school districts, nursing homes, businesses, public health departments, food service companies and social service agencies.

### DID YOU KNOW?

Mount Mary University is a recognized leader in dietetics education in southeastern Wisconsin. Our programs combine the required 1,000 hours of supervised experiential learning with the coursework to prepare you to take the Registration Examination for Dietitians and become a registered dietitian.

Mount Mary grads have exceptional pass rates and score very well on the National Registration Exam. In 2018, Mount Mary celebrated 85 years as a provider of dietetics education.

### REGISTERED DIETITIAN EXAM

The Commission on Dietetic Registration administers the Registered Dietitian Exam for those professionals seeking the professional distinction/credential of Registered Dietitian (RD) or Registered Dietitian Nutritionist (RDN).

### ACCREDITATION

Mount Mary's Integrated M.S. in Nutrition & Dietetics and dietetics internship program are accredited by the Accreditation Council for Education in Nutrition and Dietetics of the Academy of Nutrition and Dietetics, 120 South Riverside Plaza, STE 2190, Chicago, IL 60606-6995, (800) 877-1600, ext. 5500.



# EXAMPLE PLAN

# HUMAN BIOLOGY | 120 CREDITS

## FALL Courses

## SPRING Courses

## Pre-Dietetics Concentration

FRESHMAN YEAR			
BIO 100 Intro Biology	4	CHE 113 General Chemistry	4
MAT 111 College Algebra	4	SEA 101 Search for Meaning	4
SOC 101 Intro Sociology	3	PSY 103 Intro Psychology	4
ENG 120 College Research Writing	3	Fine Arts or Literature	3
SYM 110 Leadership for Social Justice	3	Public Speaking – COM 104, BUS 205 or BUS 210	2
<b>TOTAL</b>	17 credits	<b>TOTAL</b>	17 credits
SOPHOMORE YEAR			
Anatomy & Physiology I	4	Anatomy & Physiology II	4
CHE 206 Essentials of Organic & Biochemistry	4	BIO 250 Cell Biology	3
DTS 152 The Profession of Dietetics	1	DTS 201 Intro to Food Science	3
Philosophy / Theology	3+	Philosophy / Theology	3+
		World Language	3
<b>TOTAL</b>	12+ credits	<b>TOTAL</b>	16+ credits
JUNIOR YEAR			
BIO 337 Genetics	4	BIO 325 Microbiology	4
DTS 250 Nutrition Principles	4	PSY 310 Behavioral Science Stats or MAT 216 Elementary Statistics	4
DTS 362 Quantity Food Procurement & Production	3	DTS 354 Applied Nutrition	3
OCT 201 Medical Terminology	1	DTS 465 Intro to Community Nutrition	3
Literature/Fine Arts (Music, Art, Drama, Dance)	3+	Fine Arts or Literature	3
<b>TOTAL</b>	15+ credits	<b>TOTAL</b>	17 credits
SENIOR YEAR			
DTS 505 Advanced Nutrition: Macro / Micronutrients	3	DTS 566 Medical Nutrition Therapy II (90)	4
DTS 520 Management & Leadership (45)	3	DTS 570 Community Nutrition Program Mgmt. (15)	2
DTS 564 Medical Nutrition Therapy 1 (45)	4	DTS 574 Nutrition Research I	3
DTS 577 Counseling Skills (15)	2	DTS 576 Nutrition Communication & Education (15)	2
		Dietetics Elective or Focus Topic Course	3
		Humanistics – History	3+
<b>TOTAL</b>	12 credits	<b>TOTAL</b>	17+ credits
SUMMER AFTER SENIOR YEAR			
DTS 605 Leadership in Dietetics			3 credits
FIFTH YEAR			
DTS 715 Research Design & Analysis I	1	DTS 770 Applied Grad Research	1-2
DTS 716 Research Design & Analysis II	1		
DTS 675 Seminar – Management or Community (1 credit)		DTS 677 SEL In Community OR Management (2 or 3 credit option) (200)	
DTS 676 SEL in Medical Nutrition Therapy I (2 credits) (205)	5-6	DTS 678 Seminar in Medical Nutrition Therapy II (1 credit)	
DTS 677 SEL Management OR Community (2 or 3 credit options) (200)		DTS 680 SEL In MNT 2 (2 credits) (105)	6-7
		DTS 681 SEL in MNT Relief (1 credit) (100)	
		<i>(Total 405 SEL hours)</i>	
Dietetic Electives	3	Dietetic Electives	3
<b>TOTAL</b>	10-11 credits	<b>TOTAL</b>	10-12 credits

\* Allows for 22-24 graduate DTS Courses to be earned in the senior year. A student would transition to the Integrated Master's of Science in Nutrition & Dietetics in their junior year. This becomes a 3+2 plan in combination with the Integrated Master's of Science in Nutrition & Dietetics.

This example plan is intended to outline the number and types of courses a student might take in order to fulfill the degree, major, core and elective requirements to graduate. Students meet with their academic advisor each semester to review progress toward fulfilling their degree requirements.