



MOUNT MARY UNIVERSITY

HONORS PROGRAM REQUIREMENTS

REQUIREMENTS TO GRADUATE WITH HONORS

Twelve (12) points must be earned by the time you graduate – six (6) under the academic requirements, and six (6) under the enrichment requirements.

Students enrolled in the Honors Program must maintain a 3.5 cumulative grade point average (or better) to participate in and to graduate from the Mount Mary University Honors Program.

ACADEMIC REQUIREMENTS (6 POINTS TOTAL)

All Honors Program students must take at least one Honors course, but two or three are preferred. For those who cannot take three Honors courses, they may do an Honors Contract, study abroad, or enroll in the United Nations (UN) program. Students are encouraged to do more than the minimal requirements of six academic points. Students must earn at least a B in an Honors course for it to count towards points.

Honors Course (2 POINTS)


3-6 Honors courses offered each semester

Honors Contract Option (2 POINTS)

Students may create a contract with an instructor in one of their courses to complete an additional project in an exemplary manner so that the course may be counted as an Honors course. Contracts should be submitted to the Director by the end of the third week of classes.

Study Abroad or UN Course/Program (2 POINTS)

Students completing one of these programs must write a 7-10 page post-program paper that describes their experience, what they learned, and how it transformed them.

- **Study Abroad:**  mtmary.edu/studyabroad
- **UN Course/Program**
 - HUM 386 Model United Nations
 - Offered every other year
 - Trip to UN in New York included

Honors Thesis – Research Project or Paper (2 POINTS)

An Honors thesis may be associated with an Honors course or contract, which captures the essence of the student's major(s). Please see your major advisor and the Honors Program Director about an Honors thesis.

ENRICHMENT REQUIREMENTS (6 POINTS TOTAL)

These points must be earned in non-paid, non-credit activities that promote the personal growth of the student. Enrichment points must be submitted to the Honors Program Director before the last week of each semester. For approval of ideas please speak with the Honors Program Director. **No more than two points from the same enrichment area are permitted.**

Honors Noon Seminar (1/2 POINT)

- 2-4 times a semester
- A 500-word reflection about the experience is required. See reflection guidelines*.

Peer Reviewed or Juried Publication/Presentation (1/2 POINT)

- The presentation or publication of original work (paper, poster, creative work) in a juried, peer reviewed/refereed journal, conference, or exhibition. Copies and documentation of the work should be submitted for review.

Attending Cultural Events (1/2 POINT)

- Organized productions: e.g., plays, concerts, speakers, dance performances, exhibits, etc. on or off-campus.
- A 500-word reflection about the experience is required. See reflection guidelines*.

Civic Engagement (1/2 point)

- 15 hours of off campus commitment: e.g., volunteer work, community engagement
- A 500-word reflection about the experience is required. See reflection guidelines*.

Holding an Elected Office in a Recognized MMU Student Organization (1 POINT)

- A 500-word reflection about the experience is required. See reflection guidelines*.

Apply for Nationally Competitive Scholarship, Fellowship or REU (Research Experience for Undergrads: science, engineering, mathematics) (1/2 POINT)

- Credit earned for completing an application process. Not contingent on receiving the scholarship or REU. See the scholarship Canvas module.

Complete SYM 232 Service Learning (1 POINT)

- 1 credit. Individual service learning student placement in the community. 30 hours of service required during the semester. Students will participate in bi-weekly supervision meetings with instructor and reflective written assignments as assigned. *Must be pre-approved by the Director of Service Learning, Amanda Ritchey.
- Must earn a B or better in the course to receive honors credit.

Caroline Scholars (2 POINTS)

Attending Honors Program Functions – i.e. ceremonies, mixers (1/4 POINT)

Attend a Professional Conference (1 POINT)

- Students will research and attend an academic / professional conference of their choice off-campus. Conference theme should be relevant to professional and academic interests.
- A 500-word reflection about the experience is required. See reflection guidelines*.

Points may be awarded for other activities upon approval by the honors program director.

***Reflection Guidelines:** Review MMU's mission, vision, and values: <https://mtmary.edu/about/mission.html>. In your reflection, discuss the experience through the lens of MMU's mission, vision and values (MMV). 500-words, double spaced. Please respond to one or more of the following questions:

- How did the experience relate to MMU's mission, vision, or values?
- Do you see aspects of the mission presented in the event? If not, how might the core values of our mission be embraced (or inserted) into the event?
- What connections do you see to the four Cs: compassion, commitment, community, competence and/or the creative attributes: agility, exploration, imagination, open-mindedness, navigating complexity (AEIOC)
- As a participant in an off-campus event or experience, your connection to MMU's mission sets you apart from other participants. How does your understanding of the mission uniquely inform your experience (analysis) of the event?