

2018 Summer
LEADERSHIP ACADEMY

46 high school students from four states joined us June 19-21 to learn about leadership, confidence building and career preparation. Students gained essential skills that will help strengthen their college applications and valuable knowledge that will follow them into their future careers.

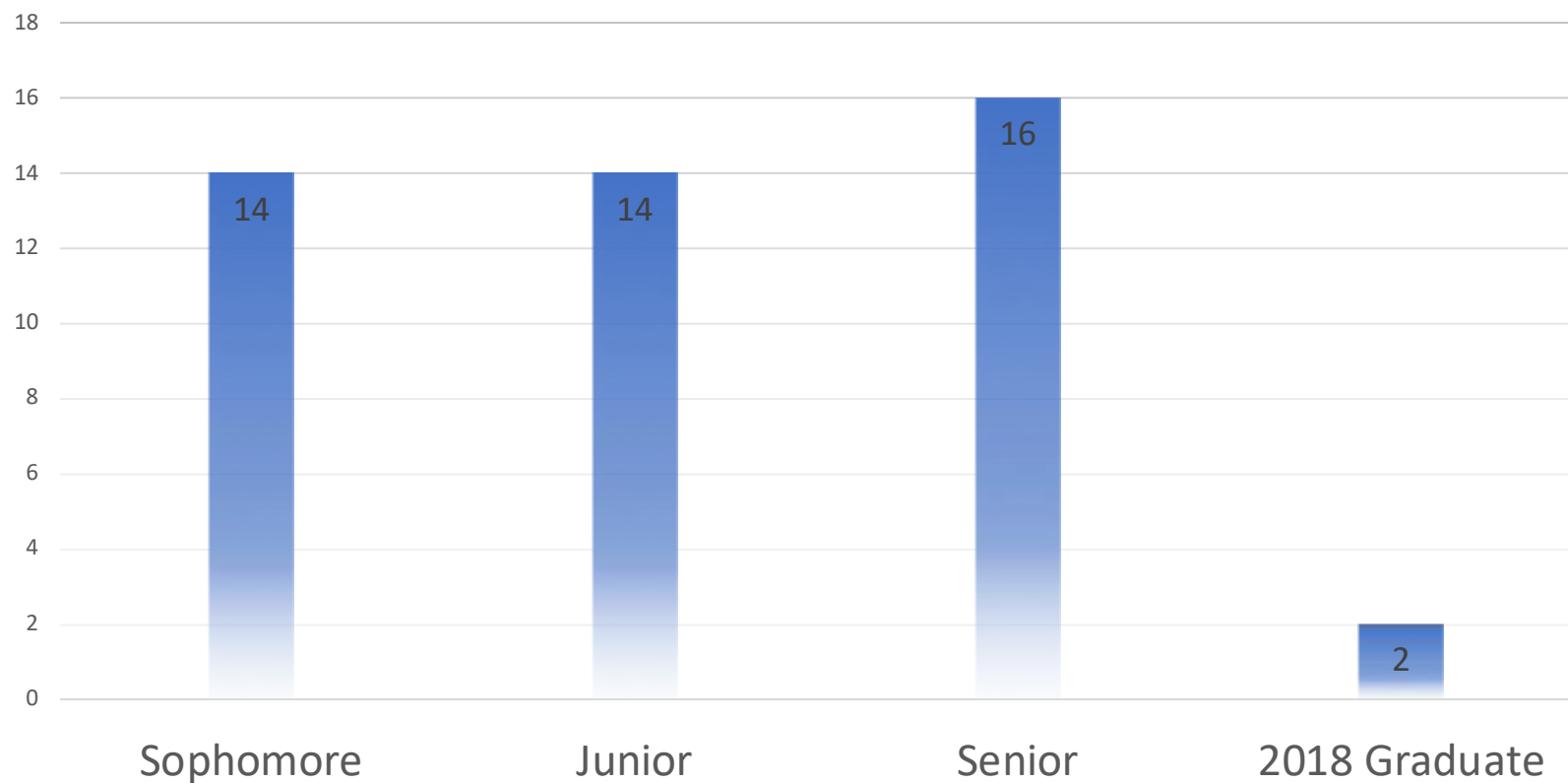




2018 Summer
LEADERSHIP ACADEMY

PARTICIPANTS' YEAR IN HIGH SCHOOL

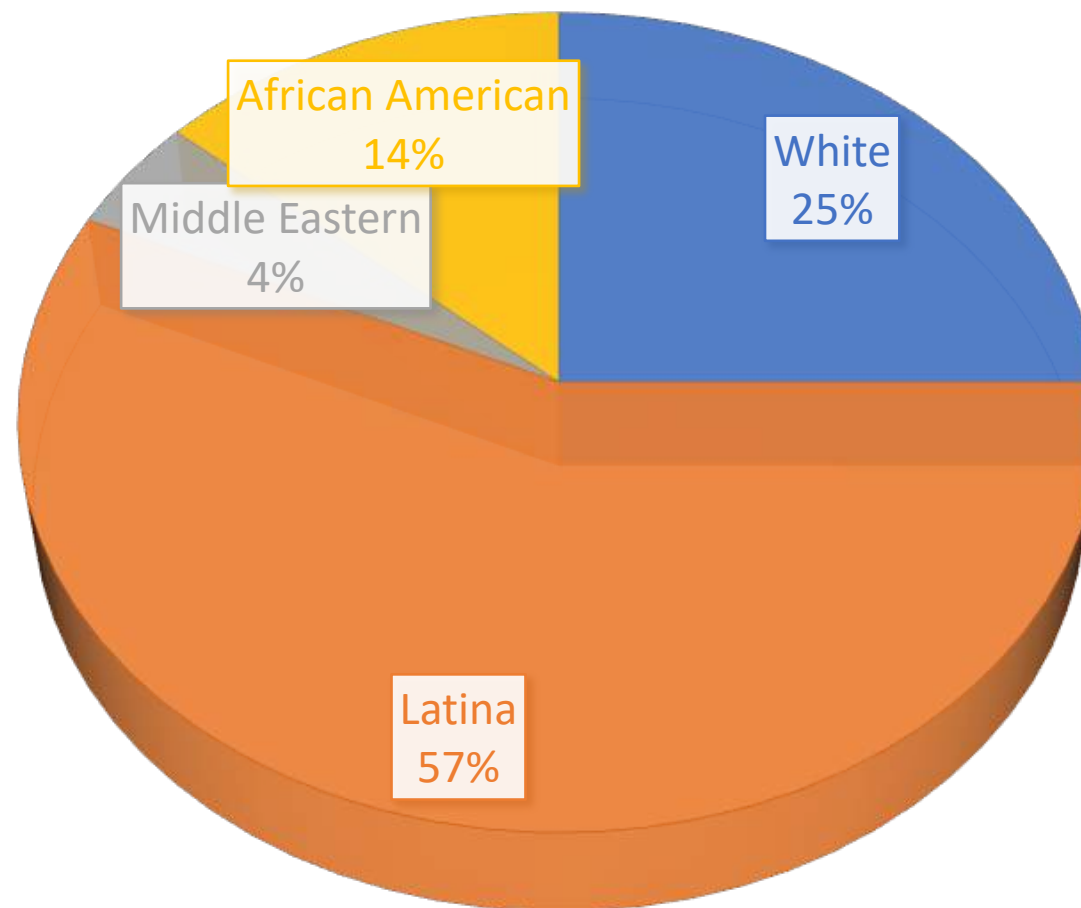
AS OF JUNE 19, 2018





2018 Summer
LEADERSHIP ACADEMY

ETHNICITY OF PARTICIPANTS





2018 Summer
LEADERSHIP ACADEMY

PARTICIPATING HIGH SCHOOLS

ILLINOIS

CHICAGO

Cristo Rey Jesuit High School

OSWEGO

Oswego High School

WISCONSIN

BROOKFIELD

Brookfield East

FOND DU LAC

Fond du Lac High School

GREENFIELD

Greenfield High School

MILWAUKEE

Audubon High School

Carmen High School Northwest

Carmen High School South

Cristo Rey Jesuit High School

Eastbrook Academy

James Madison

Messmer High School

Reagan IB High School

Salam High School

St. Augustine Preparatory Academy

St. Thomas More

Tenor High School

MENOMONEE FALLS

Menomonee Falls High School

NEW LONDON

New London High School

PEWAUKEE

Pewaukee High School

WAUKESHA

Waukesha North

WAUWATOSA

Wauwatosa East

MASSACHUSETTS

BOSTON

Snowden International High School

MICHIGAN

KINGSFORD

Kingsford High School



Introductions







Campus Tour





2018 Summer
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Post Survey Quotes

- *I discovered how important it is to make connections with people different than yourself.*
 - *I feel like I now know a lot about college and it's not that scary anymore.*
- *I'm leaving with new values and perspectives on different topics that aren't spoken about regularly like racism.*
- *This experience opened my eyes to things and schools I did not even know existed. Now I want to go even further and discover new things!*
 - *I can step out of my panic zone and into my learning zone because of this experience.*

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**Johnson
Controls**



Happy and Healthy on Social Media

EVA ENNAMORATO

Communications Specialist, City of Wauwatosa

Participants learned about how social media can affect our wellness. By understanding what we agree to share when we sign up for accounts and the effects of our feeds on our mental well-being, we're able to proactively choose a balanced social media feed.



Happy and Healthy on Social Media



Financial Aid 101

ANGELA SARNI

Associate Director of Financial Aid, Mount Mary University

Participants learned everything they needed to know about the financial aid application process. They received an overview of the process, gained insight into the questions to ask during the application experience, and learned about other sources of funding for your college education. Lots of questions were asked during this session!





Finding Your Authentic Self

CARRIE KING, Ph.D.

Counseling Department Chair, Mount Mary University

Finding your passion is not just about being the best at something or impossibly perfect. It is about finding your authentic self, the one buried under other people's beliefs about who you should be and their expectations. Participants built self-awareness in a supportive and non-judgmental environment while connecting with the feelings and experiences of others. They learned how to improve inner-strength and self-belief, manage stress and gained the tools essential for living happy, healthy and inspired lives.



EXIT





Body Mapping

CHRIS BELKOFER, Ph.D.

Directory, Art Therapy Program, Mount Mary University

The primary activity for this session was a Body Map. As a leader, people you interact with have different agendas. You absorb those agendas (expectations, emotions, etc.) into your body. The body map helped participants become more cognizant of where this is absorbed in their bodies so that they can gain the self-awareness needed to respond to others' agendas instead of react.











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2018 Summer
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Post Survey Quotes

- *I learned new things from this program that really helped me build character and understand my path in life.*
 - *I have grown in handling situations, knowing my main priorities before I act.*
- *I have grown by learning many ways to manage my stress, skills and confidence. I am aware of the many paths I can pursue after high school and what I should be doing now to help the odds.*
 - *I value the aspect of self love and education now more than ever.*











Regional

- Peace
- Empowerment
- Self-Expression
- Art
- Stress
- Anger
- Love
- Passion

• Calmness
• Self-Expression
• Art



Mount Mary
UNIVERSITY
Megan Hertache
Greenfield High School
A



THANK YOU TO OUR SPONSORS

Omar & Abby Andrietsch

Jeanne Bitkers '65

Nancy Cheski '65

Virginia R. Cornyn '62

Erickajoy Daniels

Beth Heikkila '79

Peggy Kelsey '86

Lynn Sprangers





Game Night



Game Night



Vocational Exploration

SARAH OLEJNICZAK

Dean of Student Affairs, Mount Mary University

What is vocation? What is a calling? And how can you use your values, interests, and gifts to make the world a better place? This session provided participants with an opportunity for individual and group reflection, while answering these big questions!

Racial & Social Dynamics as a Leader

TANYA KEENAN

**Director of the Caroline Scholars Program,
Mount Mary University**

We often hear that ethnic and racial diversity should be “tolerated,” but shouldn’t diversity be celebrated? How do we create meaningful relationships across cultural and racial lines when so many of us do not live, work, or worship together? How do we truly integrate the beauty and value of diversity into meaningful ways in our lives?





MMU Student Mentor Lunch

Career Exploration – Food Science

ANNE VRAVICK, Ph.D.

Food Science Program Instructor, Mount Mary University

What does butter have to do with electricity? Participants utilized MMU's brand new food lab to learn about emulsions, make butter, and understand conductivity.







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Post Survey Quotes

- *Before the Academy, I would barely talk to anyone or communicate. I grew through this experience by participating in group sessions, asking questions of the mentors at lunch, and talking with girls from my school and other schools.*
 - *I learned that importance of networking and finding mentors. I learned that there a lot of experienced people out there that want to help.*
- *Not only did I learn so much about applying for college, but I also got an idea of what major would be best for me as well as picking the right school for me.*





We Energies Foundation

CC(C)C(C)C

Levinson





Career Exploration – Fashion Design

BRENDA SCHMIDT

Adjunct Faculty for Fashion, Mount Mary University

In this part of the Academy participants became Fashion Designers! They used trends, color, sketches and fabric to create their own garment lines! They brought creativity and imagination for a fun experience as a Fashion Designer.













Programs of Study & Career Exploration

Students heard from the **Deans** of Mount Mary University's School of Arts & Design, School of Natural & Health Sciences and Education, and the School of Humanities, Social Sciences & Interdisciplinary Studies about the **programs of study and career paths** available to them.

College Possible talked with the participants about **finding the right fit in a college**. Mount Mary's Dean of Student Affairs also spoke with the participants about vocation – the place where each person's passions and interests meet with the world's needs.

A **Young Professionals Panel** of industry representatives shared advice about what to do (or not to do) in high school and college to set yourself up for successful careers.

2018 YOUNG PROFESSIONALS PANEL



**JASMIN
HERNANDEZ**

MATC & UWM
Associate's in Business
Management & B.A.,
Communications

Current position: Community President
at WaterStone Bank, Greenfield.

Previous position: Branch Management
positions at Associated Bank and Guaranty
Bank.

I grew up in: Bayview and South
Milwaukee.

Community involvement: I volunteer
for WWBIC, Secure Features, Habitat for
Humanity, and Junior Achievement.

Other activities: I play coed soccer at
Uihlein Soccer Park and am on the advisory
committee for MATC's Entrepreneurship
Program.



**TIFFANIE
McCLAIN**

Alverno College
MBA
FINRA Series 7, 24, & 63

Current position: Compliance People
Leader at Northwestern Mutual.

Previous position: I've held various
positions at Northwestern Mutual starting
as a high school intern to an entry-level
office position to currently leading a team
of 20 compliance professionals.

I grew up in: Milwaukee, WI.

Community involvement: I lead the
Community Outreach volunteer program
for Northwestern Mutual Women's
Employee Resource Group.



**CLEOPATRE
McCORMICK**

Marquette University
MBA

Current position: Analytics Assistant
Director at Northwestern Mutual.

Previous position: Business Management,
Accounting, Finance and Financial Planning
& Analysis

I grew up in: I'm still growing up, but spent
the majority of my life in America, Europe
and Africa.



**HOLLY
McCOY**

Alverno College
B.A. in Professional
Communication, M.A. in
Adult Ed. & Organizational
Development

Current position: Executive Director
of Literacy Services of Wisconsin.

Previous position: Silver Spring
Program Coordinator, Milwaukee Achiever
Literacy Services Program Director and
Milwaukee Achiever Literacy Services
Interim Executive Director.

I grew up in: North Fond Du Lac until
middle school and then moved to
Milwaukee for middle school through
now.

Community involvement: President
of the Young Nonprofit Professionals of
Greater Milwaukee (YNPN).



**CHARMYSE
TILLMAN**

Mount Mary University
B.A., Business
Administration '14

Current position: IT Operations Analyst
at Johnson Controls.

Previous position: Community
Involvement & Engagement Specialist
at Johnson Controls.

I grew up in: I was born in Atlanta, GA.
Throughout my childhood I was raised in
Gary, IN, moved to Milwaukee for junior
high and haven't left since.

Community involvement: I serve on
the Board of Directors of COA Youth &
Family Centers. I'm also the Technology
Director for the African & African American
Business Resource Groups at JCI.

Other activities: I am a Zumba Instructor.



**PANYIA
XIONG**

Mount Mary University
B.A., Fashion

Current position: Contracted Merchandise
Specialist at Kohl's Corporate.

Previous position: Sales/Buyer Associate,
Merchandise Assistant, Sales Rep., and
Merchandise Specialist.

I grew up in: Appleton, WI.

Other activities: I am part of a small
book club at work and am exploring
places around Milwaukee.



**2018 Summer
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**VANESSA
VASQUEZ**

Alverno College
Bachelor Women & Gender
Studies & Pscyh, Minor
in Spanish, Adult Ed. and
Professional Development

Current position: College & Career
Readiness Coordinator at Carmen High
School of Science & Technology.

Previous position: My passion is in
Higher Education. At Alverno College,
I worked in Admissions and Recruitment
as an Admissions Counselor and as the
Hispanic Outreach Coordinator.

I grew up in: I was born in San Diego,
California, but raised in Milwaukee.
I come from a Mexican family of
immigrant parents and I am a first
generation student.

Community involvement: I volunteer
for UMOS and HPGM, among many others.







Kathy Bloechl, MMU alum, helps facilitate the Escape Room.

Confidence

SUSAN MARSHALL

Founder, The Backbone Institute

Comfort/Learning/Panic Zones: Participants learned to describe “Life” as a simple picture of three concentric circles. They considered this picture in the context of working with others who have the same zones and tendencies. “Explosions” occur as we purposely step into our learning zones and unwittingly pull others into their panic zones. Our simple illustration of life is suddenly messy. And we flee to our comfort zones!

Definition of Confidence: Participants presented a working definition of Confidence and discussed how to use it in decision-making and communication.

The Destruction of Distraction: Participants learned how to arrest control of a chaotic environment in order to re-claim Confidence in daily life choices.

Ideal Self: Transformation calls forth the best in individuals and groups. Most people know what they are privately capable of. This exercise draws upon this knowledge, articulates it and provides a self - vision to work toward. (Action plan.)





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Post Survey Quotes

- *I now feel more confident than I was before the Academy.*
- *I know more about the things I need to do in high school to get accepted in to college, and I know more about what resources I can use to find the right college for me.*
 - *This experience helped me figure out my career path.*
- *I learned about how important it is for women to stand together and help each other grow and be successful in life.*
- *I have seen what path I will need to get the career I want for myself.*



Leadership, College Prep, Career Exploration
Congratulations
Allison Albarran
2021 Summer LEADERSHIP ACADEMY

Leadership, College Prep, Career Exploration
Congratulations
Jasmine Villarreal
2021 Summer LEADERSHIP ACADEMY

Leadership, College Prep, Career Exploration
Congratulations
Yuliana Goyeneche
2021 Summer LEADERSHIP ACADEMY

Leadership, College Prep, Career Exploration
Congratulations
Evelyn Ayala
2021 Summer LEADERSHIP ACADEMY

Leadership, College Prep, Career Exploration
Congratulations
Amy Marquez
2021 Summer LEADERSHIP ACADEMY

Leadership, College Prep, Career Exploration
Congratulations
Leslieann Lopez
2021 Summer LEADERSHIP ACADEMY

Leadership, College Prep, Career Exploration
Congratulations
Rosa Vargas
2021 Summer LEADERSHIP ACADEMY

Leadership, College Prep, Career Exploration
Congratulations
Virginia Perez Gomez
2021 Summer LEADERSHIP ACADEMY

Leadership, College Prep, Career Exploration
Congratulations
Dulce Villegas
2021 Summer LEADERSHIP ACADEMY

Leadership, College Prep, Career Exploration
Congratulations
Xiomara Garcia
2021 Summer LEADERSHIP ACADEMY

Leadership, College Prep, Career Exploration
Congratulations
Talyana Alicea
2021 Summer LEADERSHIP ACADEMY

Leadership, College Prep, Career Exploration
Congratulations
Jessira Vega
2021 Summer LEADERSHIP ACADEMY



Women's
Leadership
Institute

Leadership: College Prep, Career Exploration
Congratulations
Melissa Moreno
LEADERSHIP ACADEMY



2018 Summer
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The Summer Leadership Academy set out to help participants feel more prepared and confident about life after high school. Data collected indicates that nearly every participant is now more confident in themselves and in what steps to take for a successful future.

